EVENTS:

Foundry Freshers' Festival, Thursday 11th October, 1pm – 7pm
New to the University of Oxford this year? Then you should join us at the Foundry Freshers Festival to kick off your Oxford Experience. Highlights of the day include: free food and drinks, live DJ’s, society stands, & freebies from the Foundry.

Oxford University Annual Sports Awards, Friday 16th November, 6pm-8:30pm
PRIVATE EVENT – BY INVITATION ONLY
The Oxford University Sports Federation (OUSF) and the Oxford Foundry invites you to join us for the Oxford University Annual Sports Awards to celebrate the sporting success of our students, volunteers and coaches from the previous year.

LEARNING AND SKILLS PROGRAMMES:

EQUIP YOURSELF
A 12 part series focusing on core competencies associated with emotional intelligence (EQ), and why we need it to become purpose-driven leaders with better self-awareness and personal resilience.

- Emotional Intelligence as an Ingredient for Success, Wednesday 24th October, 6pm – 7.30pm
- Happiness and the Brain – Increasing your Self Awareness, Wednesday 7th November, 6pm – 7.30pm
- The Science of Motivation and Engagement, Wednesday 21st November, 6pm – 7.30pm
- Managing Pressure for Peak Performance and Well-being, Wednesday 5th December, 6pm – 7.30pm

IDEA EXPLORATION SERIES
Want to learn to think in more lateral ways to solve complex problems? Or do you have an idea that you would like to explore? This series of workshops is for you. Go through the initial stages of the entrepreneurial journey

- Creative Thinking for Idea Generation, Monday 29th October, 6pm – 7.30pm
- Design Thinking: An Introduction, Monday 5th November, 6pm – 7.30pm
- Who is your Customer?, Monday 12th November, 6pm – 7.30pm
- What is the Value Proposition?, Monday 19th November, 6pm – 7.30pm
- Building your Network and Community, Monday 26th November, 6pm – 7.30pm
- Acquiring customers, Monday 3rd December, 6pm – 7.30pm

INTRODUCTION TO MINDFULNESS
Workshops will introduce mindfulness – in theory, practice and research - and offer a few tips to keep you grounded and steady in the midst of a busy schedule.

- Introduction to Mindfulness, Monday 22nd October, 6pm – 7.30pm
- Mindfulness and Creativity, Monday 29th October, 6pm – 7.30pm
- Mindfulness and Resilience, Monday 19th November, 6pm – 7.30pm

DIGITAL DESIGN AND MAKING
This series of 4 introductory sessions will be delivered featuring structured topics around the physical design and early stage manufacture of products. Hosted at the Oxford Centre for Innovation, get hands on and learn how to use a range of 3D printers, desktop CNC (Roland), A0 bed laser cutter & more.

- To Make or Not to Make – That isn’t the question, Tuesday 16th Oct, 7pm – 9pm
- Form & Function - Designing for modern manufacturing, Tuesday 30th October 7pm – 9pm
- Tools to think about, Tuesday 13th November, 7pm – 9pm
- Chips & Circuits, adding electronics to designs, Tuesday 20th November, 7pm – 9pm

BEGINNER CODING COURSES
A 7 week, ‘Introduction to Python’ Coding Course for beginners will be delivered at The Oxford Foundry by CodeSoc, every Wednesday 6pm-8pm starting Wednesday 17th October.

What else is happening at The Oxford Foundry?

OXFO L.E.V8 – The University of Oxford’s newest accelerator, designed to support and nurture early-stage start up teams affiliated to the University. (Applications will open June 2019)

L.E.V8 Women – This initiative aims to inspire and skill up Oxford’s future female leaders and founders to stride forward confidently into their professional lives post-university.

Student Advisory Board – Formed by The Foundry, the SAB is a group of Oxford Student Society Presidents. The SAB meets regularly to share ideas to help us shape our student programmes and make sure that all Oxford Students get valuable learning and skills at The Oxford Foundry.

All details are on our website at www.oxfordfoundry.ox.ac.uk

Registration will open two weeks ahead of each event or programme - keep an eye out for announcements on social media and our newsletter!

OPEN TO UNIVERSITY OF OXFORD STUDENTS ONLY